

### Nuclear Medicine (NM) Biliary Scan with EF (Also called CCK Hida Scan)

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm..
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.
- Somers Point The Latest appointment should start at 2:00 pm, due to the 4 hour delay imaging. Wall, CMCH, Vineland The latest appointment should start at 12:00 pm due to the 4 hour delay imaging.

#### Prep:

- No Narcotic medications such as Demerol or Morphine for 24 hours prior to the exam.
- Nothing to eat or drink for 4 hours prior to the exam.

#### Procedure for Biliary Scan with EF:

- Exam can take up to 4 hours.
- Patient will get injected with a radioactive isotope thru an IV in their arm.
- Patient will wait 1.25 hours.
- Patient will lie on scanning table and be imaged for approximately 1 hour. (The test will take longer if the gallbladder does not visualize)

#### Interactions:

- Schedule 2 days after all Fluoro scans, Barium exams, or CT scans.
- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

# Nuclear Medicine (NM) Biliary Scan (Also called HIDA Scan) Non-Profile

- Do not schedule any NM exams same day or next day if after 3pm..
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.
- Somers Point The Latest appointment should start at 2:00 pm, due to the 4 hour delay imaging.
   Wall, CMCH, Vineland The latest appointment should start at 12:00 pm due to the 4 hour delay imaging.

#### Prep:

- No Narcotic medications such as Demerol or Morphine for 24 hours prior to the exam.
- Nothing to eat or drink for 4 hours prior to the exam.

#### Procedure for Biliary Scan:

- Exam can take up to 4 hours.
- Patient will get injected in their arm with a radioactive isotope.
- Patient will lie on scanning table and be imaged for approximately 1 hour. (The test will take longer if the gallbladder does not visualize)

- Schedule 2 days after all Fluoro scans, Barium exams, or CT scans.
- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart
- Schedule Dexa 7 days after NM exam, if NM is scheduled first

#### Nuclear Medicine (NM) Gallium Scan (Three Day Exam)

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

### Note: This is a difficult exam to schedule. Please call Nuclear Medicine when trying to schedule this test. This scan is only done at the CMCH location.

#### Prep:

Patient is allowed to eat and drink.

#### Procedure for Gallium Scan for Infection, Inflammation, Sarcoid, and Fevers of Unknown Origins:

- Patient gets a radioactive injection thru an IV in the arm. (Day 1)
- Patient's whole body is scanned 24 hours after the injection for 1 hour. (Day 2)
- Patient' whole body is scanned 48 hours after the injection for 1 hour. (Day 3)

#### Procedure for Gallium Scan for Tumors, Lymphomas, Leukemia, and other cancers:

- Patient gets a radioactive injection thru an IV in the arm. (Day 1)
- Patient's whole body is scanned 24 hours after the injection for 1 hour. (Day 4)
- Patient's whole body is scanned 48 hours after the injection for 1 hour. (Day 5)

#### Interactions:

- No Barium scans, Fluoro scans, or CT scans scheduled between the Gallium injection and the Gallium scans. \*\*
  Gallium scan is a 3 or 5 day exam\*\*
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

### Nuclear Medicine (NM) Gastric Empty Scan 4 Hour Solid Phase

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

- If script states both liquid and solid. Schedule solid first, then schedule liquid 3 days after the solid.
- Nothing to eat or drink for 4 hours prior to exam.
- Ask the patient if they have an egg allergy. If yes, place a note in RIS and we will substitute oatmeal.
- Patient must be off the following medications for two days prior to the scan.
  - Prokinetic agents such as metoclopramide, tegaserod, domperidone and erythromycin.
  - Opiates such as oxycodone, codeine, morphine, and hydrocodone (Vicodin).
  - Atropine, nifedipine, progesterone, octreotide, theophylline, benzodiazepine, phentolamine, and antispasmodic medications.

Note: If the referring physician is trying to evaluate the effectiveness of a specific medication, then there is no need to stop that particular medication. Place a note in RIS.

• Patients may not take sedatives 12 hours prior to exam.

#### Procedure for Solid Gastric Empty:

- Approximate time for the test is 4.5 hours.
- Patient will eat fried egg whites with a radioactive tracer added to it, 2 slices of toast/jelly and drink 4 oz of water.
- Patient will get off the scanning table between pictures up to 4 hours.

#### Interactions for Solid Phase:

- Schedule 2 days after all Fluro scans, Barium exams, or CT scans.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

# Nuclear Medicine (NM) Gastric Empty Scan Liquid Phase Non-Profile

- Do not schedule any NM exams same day or next day if after 3pm.
- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

- If script states both liquid and solid. Schedule solid first, then schedule liquid 3 days after the solid.
- Nothing to eat or drink for 4 hours prior to exam.
- Patient must be off the following medications for two days prior to the scan.

Prokinetic agents such as metoclopramide, tegaserod, domperidone and erythromycin.

Opiates such as oxycodone, codeine, morphine, and hydrocodone (Vicodin).

Atropine, nifedipine, progesterone, octreotide, theophylline, benzodiazepine, phentolamine, and antispasmodic medications.

Note: If the referring physician is trying to evaluate the effectiveness of a specific medication, then there is no need to stop that particular medication. Place a note in RIS.

• Patients may not take sedatives 12 hours prior to exam.

#### Procedure for Liquid Gastric Empty:

- Approximate time for the test is 1 hour and 15 minutes.
- Patient will drink 10 ounces of water with a radioactive tracer added to it.
- Patient will be imaged for 1 hour on the scanning table.

#### Interactions for Liquid Phase:

- Schedule 2 days after all Fluro scans, Barium exams, or CT scans.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

### Nuclear Medicine (NM) Liver Hemangioma SPECT Scan (Also called Liver RBC Scan)

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

- None
- Patient is allowed to eat and drink.

#### Procedure for Liver Hemangioma Scan:

- Approximate time for the test is 3.5 hours.
- Patient will have blood drawn from an IV inserted in their arm.
- A radioactive isotope will be added to the blood and reinjected into the patient 30 minutes later thru the IV.
- Patient must wait for 2 hours. Patient is permitted to leave the building and come back.
- Patient will lie on scanning table and be imaged for approximately 45 minutes.

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

#### **Nuclear Medicine (NM) Liver SPECT Scan**

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

Patient is allowed to eat and drink.

#### Procedure for Liver SPECT Scan:

- Approximate time for the test is 1.5 hours.
- Patient will get injected in their arm with a radioactive isotope.
- Patient will wait 30 minutes.
- Patient will lie on scanning table with their arms above their head.
- Patient will be imaged for approximately 45 Minutes.

#### Interactions:

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule 2 days after all Fluoro scans, Barium exams, or CT scans.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

#### Nuclear Medicine (NM) Parathyroid SPECT Scan

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

Patient is allowed to eat and drink.

#### Procedure for Parathyroid SPECT Scan:

- Approximate time for the test is 3.5 hours.
- Patient will get injected with a radioactive isotope thru an IV in their arm.
- Patient will lie down on the scanning table and their neck will be imaged for 15 minutes.
- Patient will wait two hours. Patient is permitted to leave the building and come back.
- Patient will lie down on the scanning table and their neck will be imaged for 15 minutes.
- A three dimensional scan of the neck is performed for another 30 minutes.

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

#### **Nuclear Medicine (NM) Salivary Gland Scan**

#### Non profile

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

• Patient is allowed to eat and drink.

#### Procedure for Salivary Gland Scan:

- Approximate time for the test is 1.75 hours.
- Patient will get injected in their arm with a radioactive isotope.
- Patient will lie on scanning table and their head is imaged for 35 minutes.
- Patient will sit up and suck on lemon juice.
- Patient will lie back on scanning table and their head is imaged for another 35 minutes.

#### Interactions:

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

# Nuclear Medicine (NM) Renal Scan with Captopril (Two Day Exam) Profile MAG 3 RENAL SCANS ARE NOT PERFORMED AT AMI

- Do not schedule any NM exams on same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

- Patient should drink extra fluids on both days of the scans.
- Patient must stop all medications listed below.

\*\*\*Patients must consult their physician before stopping medications\*\*\*

#### Renal Scan with Captopril:

#### Patients must be off BETA Blockers listed below for 24 hours prior to exam

 Acebutolol, Atenolol, Avalide, Betabloc, Betagan, Betapace, Betopic, Betaxolol, Bisoprolol, Blocadren, Brevibloc, Carteolol, Cartrol, Carvedilol, Coreg, Corgard, Corzide, Dutoprol, Esmolol, Inderal, Inderide, Kerlone, Labetalol, Lebetalol, Levobunolol, Levatol, Lopresssor, Metipranlolol, Metroprolol, Monocor, Nadolol, Normodyne, Occupress, Oxprenolol, Penbutolol, Pindolol, Propranolol, Rhotral, Sectral, Tenoretic, Tenormin, Timolide, Timolol, Toprol, Trandate, Transicor, Visken, Zebeta, Ziac

#### Patients must be off ACE Inhibitors listed below for 48 hours prior to exam

Accurpil, Accuretic, Aceon, Altace, Atacand, Benazepril, Capoten, Captopril, Capozide, Enalapril,
 Fosinopril, Inhibace Plus, Lapoxide, Lexxel, Lisinopril, Lotensin, Lotrel, Mavik, Meoxipril, Monopril, Moexipril,
 Perindopril, Prinivil, Prinizide, Quinapril, Ramipril, Tarka, Trandolapril, Uniretic, Univasc, Vaseretic, Vasotec,
 Zestoretic, Zestril

#### Patients must be off Angiotensin II Receptors for 48 hours prior to exam

o Atacand, Avalide, Avapro, Benicar, Candesartan, Cozaar, Diovan, Esprosartan, Exforge, Hyzaar, Iosartan, Irbesartan, Micardis, Olmesartan, Telmisartan, Teveten, Valsartan

- Approximate time for test is 1 hour.
- Patient lies on scanning table and is injected with a radioactive tracer thru an IV in his arm.
- Patient's kidneys are imaged for 30 minutes.
- Bladder images are obtained at the end of the test before and after the patient urinates.

#### Procedure for Renal Scan Day 2:

- Approximate time for test is 2 hours.
- Patient is given Captopril and Blood Pressure is monitored for 1 hour.
- Patient lies on scanning table and is injected with a radioactive tracer thru an IV in his arm.
- Patient's kidneys are imaged for 30 minutes.
- Bladder images are obtained at the end of the test before and after the patient urinates.

#### Interactions:

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

### Nuclear Medicine (NM) Meckel's Scan (Also called Meckel's Diverticulum Scan)

#### Non profile

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

Nothing to eat or drink for 4 hours prior to the exam.

#### Procedure for Meckel's Scan:

- Approximate time for the test is 1.5 hours.
- Patient will get injected in their arm with a radioactive isotope.
- Patient will lie on scanning table and be imaged for approximately 1.25 hours.

#### Interactions:

- Schedule 3 days after all Fluoro scans, Barium exams, or CT scans.
- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- No CT scans on the same day
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

### Nuclear Medicine (NM) MUGA Scan/Gated Cardiac Muga Scan

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

• Patient is allowed to eat and drink.

#### Procedure for MUGA:

- Approximate time for the test is 1.25 hours.
- Patient will have blood drawn from an IV inserted into their arm.
- A radioactive isotope will be added to the blood and reinjected into the patient 30 minutes later thru the IV.
- Patient will lie on the scanning table and get a 3 lead EKG hooked up to their chest.
- Patient will be imaged for approximately ½ hour.

#### Interactions:

• Schedule Dexa 7 days after NM exam, if NM is scheduled first.

### Nuclear Medicine (NM) Thyroid Uptake and Scan Profile

- Do not schedule any NM Thyroid exams same day or next day if after 12 PM
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

- Fasting begins at midnight prior to exam. No food for drink until after capsule is administered.
- No shellfish, kelp or cabbage 48 hours prior to exam.

#### Stop the following medications prior to exam:

#### 1 week prior to exam

• Perchlorate, Proplthiouracil, Salicylates, Sulfonamides, Tapazole, Methimazole, Thicyanate, Thiamazole

#### 2 weeks prior to exam

Iodine Solution (Lugol's or SSKI), Cough medication, Vitamins containing Iodine

#### 3 weeks prior to exam

 Cytomel, Euthyrox, Levolet, Levothoid, Levothroxine, Levoxyl, Liothronine, Novothyrox, Proloid, Synthroid, Thyrotab, Tirosint, Triodothronine, Triosat, Unithroid

#### Any patient taking Amiodarone (cardiac medication), cannot have this exam.

• Patient must be off this medication for 150 days before scheduling test.

#### Patients must consult their physicians before stopping their medications.

#### Procedure for Thyroid Scan:

- Patient will be administered a radioactive lodine capsule with a cup of water.
- Patient will return 6 hours later for uptake measurements and images. (1 hour)
- Patient will return the next morning for more uptake measurements. (15 minutes)

#### Interactions:

- Schedule 6 weeks after all IV contrast exams.
- Schedule 1 week after all other exams.
- If scheduling US Thyroid with NM Thyroid on the same day, schedule US Thyroid first.
- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

### Nuclear Medicine (NM) Parathyroid Scan

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

• Patient is allowed to eat and drink.

#### Procedure for Parathyroid Scan:

- Approximate time for the test is 3 hours.
- Patient will get injected with a radioactive isotope thru an IV in their arm.

- Patient will lie down on the scanning table and their neck will be imaged for 15 minutes.
- Patient will wait two hours. Patient is permitted to leave the building and come back.
- Patient will lie down on the scanning table and their neck will be imaged for 15 minutes.

#### Interactions:

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

### Nuclear Medicine (NM) Renal Scan with Lasix MAG 3 RENAL SCANS ARE NOT PERFORMED AT AMI

#### Non-Profile

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

• Patient is permitted to eat and drink.

#### Procedure for Renal Scan:

- Approximate time for test is 1 hour.
- Patient lies on scanning table and is injected with a radioactive tracer thru an IV in his arm.
- Patient's kidneys are imaged for 30 minutes.
- Lasix is administered thru the IV while the kidneys are being imaged.
- Bladder images are obtained at the end of the test before and after the patient urinates.

#### Interactions:

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

# Nuclear Medicine (NM) Renal Scan \*\*\*MAG 3 RENAL SCANS ARE NOT PERFORMED AT AMI\*\*\* Non-Profile

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

Patient is permitted to eat and drink.

#### Procedure for Renal Scan:

- Approximate time for test is 1 hour.
- Patient lies on scanning table and is injected with a radioactive tracer thru an IV in his arm.
- Patient's kidneys are imaged for 30 minutes.
- Bladder images are obtained at the end of the test before and after the patient urinates.

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

#### Nuclear Medicine (NM) Bone Scan 3 Phase

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

- Patient should drink extra fluids on day of the scan.
- Patient is allowed to eat and drink.

#### Procedure for Bone Scan 3 Phase:

#### This scan is for hips, shoulders, or extremities (arm, elbow, hand, wrist, leg, knee, feet, etc.)

- Approximate time for the test is 4.5 hours.
- Patient will lie on scanning table and get injected with a radioactive isotope while a specific area is imaged. (approximately 30 minutes)
- Patient will wait for 4 hours. Patient is permitted to leave the building and come back.
- Patient will lie on scanning table and images are acquired of the specific area.

#### Interactions:

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

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#### Nuclear Medicine (NM) Bone Scan Limited

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

- Patient should drink extra fluids on day of the scan.
- Patient is allowed to eat and drink.

#### Procedure for Bone Scan Limited:

#### This scan is for a specific area. Normally scheduled for spine, ribs, or head. This is not used for extremities.

- Approximate time for the test is 4 hours.
- Patient will get injected in their arm with a radioactive isotope. (15 minutes)
- Patient will wait for 3 hours. Patient is permitted to leave the building and come back.
- Patient will lie on scanning table and images are acquired of the specific area.

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

#### Nuclear Medicine (NM) Bone Scan Total Body

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

- Patient should drink extra fluids on day of the scan.
- Patient is allowed to eat and drink.

#### Procedure for Bone Scan Whole Body:

- Approximate time for the test is 4 hours.
- Patient will get injected in their arm with a radioactive isotope. (15 minutes)
- Patient will wait for 3 hours. Patient is permitted to leave the building and come back.
- Patient will lie on scanning table and whole body is imaged. (approximately 45 minutes)

#### Interactions:

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

### Nuclear Medicine (NM) Bone Scan Total Body w SPECT

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

- Patient should drink extra fluids on day of the scan.
- Patient is allowed to eat and drink.

#### Procedure for Bone Scan Whole Body:

- Approximate time for the test is 4 hours.
- Patient will get injected in their arm with a radioactive isotope. (15 minutes)
- Patient will wait for 3 hours. Patient is permitted to leave the building and come back.
- Patient will lie on scanning table and whole body is imaged. (approximately 30 minutes).
- A three dimensional scan is performed of the specified area for another 30 minutes.

#### Interactions:

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

#### Nuclear Medicine (NM) Bone SPECT Scan

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

- Patient should drink extra fluids on day of the scan.
- Patient is allowed to eat and drink.

#### Procedure for Bone SPECT Scan:

- Approximate time for the test is 4 hours.
- Patient will get injected in their arm with a radioactive isotope. (15 minutes)
- Patient will wait for 3 hours. Patient is permitted to leave the building and come back.
- Patient will lie on scanning table and a three dimensional image is acquired of a specific area. (approximately 45 minutes)

#### Interactions:

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

#### Nuclear Medicine (NM) Liver Spleen Scan

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

Patient is allowed to eat and drink.

#### Procedure for Liver Spleen Scan:

- Approximate time for the test is 1 hour.
- Patient will get injected in their arm with a radioactive isotope.
- Patient will wait 30 minutes.
- Patient will lie on scanning table and be imaged for approximately ½ hour.

#### Interactions:

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule 2 days after all Fluoro scans, Barium exams, or CT scans.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.

#### Nuclear Medicine (NM) Cardiac Amyloidosis Scan

#### **Profile**

- Do not schedule any NM exams same day or next day if after 3pm.
- If a patient wants to reschedule their exam, they must reschedule to a different day. Isotopes are ordered for each specific exam time and they expire.

#### Prep:

- Patient should drink extra fluids on day of the scan.
- Patient is allowed to eat and drink.

#### Procedure for Cardiac Amyloidosis Scan:

- Approximate time for the test is 2.25 hours.
- Patient will get injected in their arm with a radioactive isotope. (15 minutes)
- Patient will wait for 1 hour.
- Patient will lie on scanning table and their heart will be imaged for 1 hour.

- If scheduling more than 1 NM exam, the scans should be scheduled at least two days apart.
- Schedule Dexa 7 days after NM exam, if NM is scheduled first.