

## **Dexa/ Bone Density:**

- Avoid taking any calcium supplements 24 hours prior to exam.
  - This includes:
    - Strontium Treatments
    - Vitamins, Rolaids & Tums
- Wear loose fitting clothing without buttons or zippers

**Medicare patients:** on one of the following FDA approved drugs may have a Dexa every 12 months.

- Fosamax or Fosamax plus D (Alendronate or Alendronate plus D)
- Atelvia (Risedronate Sodium)
- Miacalcin (Calcitonin)
- Evista (Raloxifene)
- Forteo
- Boniva (Ibandronate)
- Prolia (Denosumab)
- Reclast (Zoledronic Acid)
- Actonel or Actonel with Calcium (Risedronate or Risedronate with Calcium)

Note if patient is on one of the above medications

All other Medicare patients who are not on any of the above drugs must wait 24 months.

Advise all patients to bring the following to their appointment:

- Arrive 15 minutes prior to exam
- Script
- Insurance Card and Photo ID
- Copay/Tracking Number/ Referral (if applicable)
- Any outside films/CDs pertaining to the body part we are imaging.
- Patients should not wear any metal or jewelry to their exam.

Interactions:

Schedule 7 days after Dexa:

- Fluoro
- NM/PET
- CT or MRI with oral or IV contrast