

Fluoro:

Barium Enema (BE):

- Day before the exam
 - Have a light breakfast
 - Have clear liquids for lunch and dinner (clear broth, tea, carbonated beverages or jello- no red jello)
 - Do not eat solid food or dairy products
 - In addition to a clear liquid diet. Drink 8oz of clear liquids at:
 - 1pm, 3pm, 7pm, and 10pm
 - At 6pm take 4 Bisacodyl tablets
- Day of exam
 - One hour prior to exam take a Fleet Enema kit (available at the local pharmacy)
 - Wait 15 minutes before having a bowel movement
 - **Ask if Gastrografin is on Prescription and put in notes**

Barium Swallow/Cervical Esophogram:

Upper GI (UGI):

Upper GI w/Small Bowel

Small Bowel with fluoro (Small bowel Series)

- **Small Bowel exam could take 1-4 hours or more**
- **For adults:** Nothing to eat or drink 8 hours prior to the procedure.
 - If you are diabetic, please consult with your physician on how to manage your insulin level with preparing for the exam.
- **For children (ages 1-14):** No solid food 6 hours prior to the procedure. A clear liquid diet any time prior to the procedure is fine.
- **For infants (under 1):** Do not eat or drink 4 hours prior to procedure. Your child should be thirsty and ready to drink upon arrival for the study. Bring a special cup or sippy cup your child likes to use. If your child drinks best from a bottle, bring a bottle.
- **For all patients:** Medications can be taken at the regular times with a small sip of water.

Modified Barium Swallow/Barium Swallow with tablet or cracker:

- **We do not perform a true Modified Barium Swallow. Script cannot state with Speech Pathologist.**
- **Barium Swallow with tablet or cracker, ordered by a Doctor not listed below, schedule in any location that does Barium Swallows.**
- Schedule in Brick 455 with Drs Kaplan or Koven (call Jeanne Cirone for additional time slots)
- Ordered only by Drs: Thomas Brandeisky, Howard Landsman, Clifford Chu
- Same prep as above

Interactions:

Schedule 5 days after:

- CT exams with oral/IV contrast or other Fluoro exams
- Xrays of Abdomen, lumbar and thoracic spines,
- Dexa Scans
- Any US Abdomen, including kidney, aorta

Schedule 7 days after:

- All NM studies

*** NOTE- ok to schedule UGI/Barium Swallow on the same day if the Barium Swallow is scheduled first***

****Radiologist Required for Fluoro Studies**

IVP (Intravenous Urogram):

Prep:

- Nothing to eat or drink 4 hours prior to exam.
- Drink plenty of water the day before your exam.

Interactions:

Schedule 5 days after IVP study:

- Arthrogram and Myelograms
- Fluoro

Schedule 1 day after IVP study:

- US Pelvis or US Kidney (renal)

Schedule 42 days after IVP study:

- NM Thyroid Scan

Hysterosalpingogram:

Check the Radiologist schedule prior to scheduling. Not all Radiologists perform Hysterosalpingograms.

Performed in Toms River 37, Wall, Somers Point

Prep:

- Patients with Birth Control implanted devices- schedule 3 months after device was implanted.
 - There are no menstrual cycle restrictions
- For patients that still get their menstrual cycle:
 - Exam must be schedule on the 6th through the 13th days of the patient's menstrual cycle.
 - Patients cannot have unprotected sex from the start of their menstrual cycle until after the exam.
 - **Advise patient to contact their insurance providers to confirm coverage for this procedure. Often, they are not covered by the insurance.**

Interactions:

Schedule 7 days after:

- CT with Oral Prep
- Other Barium/Flouro Studies

VCUG (Voiding Cysto-Urethrogram) / Cystogram:

Performed in Brick, Somers Point and Wall
AMI DOES NOT PERFORM VCUG'S ON PATIENTS UNDER THE AGE OF 18

VCUG:

Cystogram:

- Ask patient if they have a catheter. If YES, please note in Activity Notes.

Interactions:

Schedule 7 days after:

- CT exams with oral/IV contrast or other Fluoro exams

Fistulogram

Performed in Toms River 37, Somers Point, BHP, Brick, Bridgeton

- Contact the OA to schedule
- Must have prescription scanned into the order and/or appointment.

Arthrograms

Check the Radiologist schedule prior to scheduling. Not all Radiologists perform Arthrograms on all body parts.

- **Scheduled as a profile**
- Driver is suggested to and from exam but is not required.
- Exam may take up to 2 hours
- See Modality Arthrogram OP guidelines for specific prep.

Myelograms

Check the Radiologist schedule prior to scheduling. Not all Radiologists perform Myelograms

- **Scheduled as a profile**
- Patient **MUST** have a driver to and from the exam
- See CT Myelogram OP Guidelines for full prep instructions

Xray/CR:

**Walk-in X-rays are accepted, however if a patient is calling, make every attempt to schedule.
This will lessen wait times and provide a better patient experience.**

Eye for Foreign Body:

- Eye clearance for MRI
- After patient has had eye clearance they cannot work with metals until after their MRI
- Script is not needed
- Must be scheduled a minimum of 45 minutes prior to MRI, if scheduling same day as MRI.

Scoliosis:

- Performed in Brick, BHP, CMCH, Manahawkin, Mullica Hill- Tomlin, Woolwich and Vineland.
- If script states **Large, Long, Tall or 1 film AMI cannot accommodate this request.**

Scanograms/Leg Length Study:

- Scheduled in CT as a CT Scanogram.
- Exam performed lying down
- If script states **Standing or Erect** must be scheduled in **BHP**.

Sitz Marker:**Scheduled as a CR Abdomen**

- Patients from Dr. Brian Berberian **MUST** be scheduled in BHP only. All other Referrers can be scheduled at any AMI location.
- First Day (Start Day): Schedule on a Tuesday or Friday Only. This is to allow follow-up appointments. Morning appointments are preferred.

Procedure:

- **First Day:**
 - The doctor will provide the patient with a capsule and bring it with them.
 - **Exception:** Dr. Brian Berberian's patients will be given the Sitz Marker Capsule to swallow at the time of the appointment.
 - X-ray of the Abdomen will be taken after to confirm capsule (Day 0).
 - The patient will be scheduled for a follow-up Abdominal x-ray in 3 days (Day 4).
- **Day 4:**
 - Tech will have the image checked with the Radiologist to check marker position.
 - Patient will be scheduled for a follow-up Abdominal x-ray in 3 days (Day 7).
- **Day 7:**
 - Tech will have the image checked with the Radiologist.
 - Radiologist will determine if further imaging is required.
 - If necessary, the patient will be scheduled to return for another Abdominal x-ray.
 - If further imaging is **NOT** required, this will end the Sitz Marker Study on day 7.

Interactions:

Schedule 1 week after:

- Any CT, MR, or XR/Flouro study that required oral barium or IV contrast dye.

Do not Schedule any other imaging during the **WEEK** of the Sitz Marker Study.

- Advise patient they will need to return on day 4 and day 7, at minimum, to complete the entire evaluation. Confirm they will be available for the week following the first day.

Additional notes:

CR studies to be performed on children younger than 7 years old, try to schedule between 9am and 3pm whenever possible to ensure enough staff will be on site to assist with study. This is not necessary but suggested.