

I know that these are very uncertain times and many of us may be having a hard time and may not know where to turn. So, I wanted to make sure that FT, PT36 and PT32 employees knew about the Employee Assistance Program available at no cost to them through the Hartford Life Insurance (the Hartford provides our Life Insurance and Long Term Disability Insurance). Because all FT, PT36 and PT32 employees are enrolled in this plan, the Employee Assistance Program is available to you.

I've attached the following:

Ability Assist: This is our Employee Assistance Program which provides counseling and other services to help you through difficult periods in your life.

Beneficiary Assist: This is a similar program to the Employee Assistance Program, but this provides your beneficiaries and/or immediate family members with counseling and other services.

If you or your immediate family members are having a difficult time and need to talk to someone, please take advantage of these services. You're all taking care of our patients and each other, but it's also important to take care of you! And I'm here too...if you need to talk, just call me. I'll do my best to help and I will even try my best to make you laugh, or at the very least smile! I'm here, just call or email.

The Hartford also provides other services for which I've attached the following flyers:

Estate Guidance – Will Services: This product helps you to draft a legal and binding Will. This is the kind of thing you might be thinking about in these uncertain times and this is an easy way to draft one!

Travel Assistance & ID Theft Protection: Someday, after this is all over, we'll be able to take a vacation again! So the attached is a program in place to help you if something unexpected happens when you're away from home. Also, there is the ID Theft Protection that you can take advantage of as well!

Funeral Concierge Services: Sounds morbid I know but this program helps you navigate what to do if you have a death in your family and need help on making funeral arrangements.

I hope this helps a little! Remember to take care of yourselves!

I'm here if you need me!